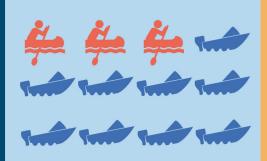
PADDLESPORTS SAFETY



Paddlesports are popular and fun for all ages!

- Canoeing
- River kayaking
- Coastal kayaking
- SUP
- Rafting





20% of reported recreational boating fatalities involve paddlers.

EDUCATION and PREPARATION

are important

- Take a boating safety course.
- Know the route and weather forecast.
- Make and share a float plan.
- Bring and know how to use all essential safety equipment.





ALWAYS WEARA LIFE JACKET!

Read the label!

- U.S. Coast Guard approved
- Appropriate for activity

Stand up paddleboarding?

A leash can be a life-saving safety gear.

Learn more from www.americancanoe.org.











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